



STUDY GUIDE

Heal Your Soul Wounds! Discover the Hidden Root of Your Struggles & Unleash God's Miracle Power in Your Life

I. We Are Made Up of Three Parts (1 Thessalonians 5:23)

- A. Perfected in spirit. (Colossians 1:27, 2 Corinthians 5:17)
- B. The need to be transformed. (Romans 12:2)

II. Sin Wounds the Soul

- A. "Wound": the Hebrew word *sheber*, which can mean "breaches and wounds," including "wounds of the mind." (Psalm 38:5, Psalm 41:4)
 - 1. Sins we commit. (Isaiah 30:26)
 - 2. Sins committed against you. (1 Corinthians 8:12, Proverbs 26:22)
- B. **Trauma Wounds the Soul** (Job 10:1, AMPC; Job 27:2, KJV; Job 30:16)
- C. **Generational iniquities:**
 - 1. The word for *womb* in Greek, *koilia*: where a fetus is conceived and nurtured until birth, and it also means "the soul." (Psalm 51:5, KJV)
 - 2. The word "heart" in Psalm 51:10 (KJV) is *leb* in Hebrew, meaning "the soul."
- D. **Wounds you are born with** (Acts 3:1–2, KJV):

1. When Peter was questioned by the rulers and elders about the healing, even Peter claimed the beggar's disease came from his soul.
2. Peter called the lame man "impotent."

III. Effects of Being Wounded

- A. **Soul wounds can cause you to sin.** (Romans 7:20, AMPC)
- B. **Soul wounds determine who you are and what you say.** (Proverbs 23:7; Matthew 12:34, MEV)
- C. **Sin wounds negatively, so control your emotions.** (Psalm 35:12; Psalm 42:5; Psalm 77:2; Psalm 88:3; Psalm 119:28; Psalm 131:2)
- D. **Soul wounds cause trouble in relationships.** (1 Samuel 30:6, AMPC; 1 Samuel 30:6)
- E. **Soul wounds cause financial failure.** (3 John 2, KJV). The word "prosper" here is the Greek word *euodoō*, which means "to succeed in business affairs."
- F. **Soul wounds cause physical sickness.** (3 John 2, KJV; Psalm 41:4, KJV; Psalm 103:1-3, KJV)
- G. **Soul wounds cause physical disease and disorder.** (John 5:2-5)
 1. The word "infirmity"—*astheneia* in Greek—means "want of strength, weakness, infirmity ... of the soul."
 2. "See, you have been made well. Sin no more, lest a worse thing come upon you." (John 5:14; John 5:6-7)
- H. **Soul wounds cause demonic assaults:**
 1. The word "infirmity" here: The same word used to describe the man at the pool (*astheneia* in Greek). It means "weakness, infirmity of the body, of the soul."
 2. Testimony: Woman fractured her back in a boating accident. The resulting gripping / pinching on one side of her back was released during a healing session. "Something" left and she was healed. (Ephesians 6:12)
 3. The word "darkness" is the Greek word *skotos*, meaning the soul has lost its perceptive powers.

4. The strongman holds the most powerful position in the demonic kingdom. He is over a house of demons that have been assigned to harass, torment, and even kill you. The Bible says the only way to defeat him and ransack his house is by binding him. (Matthew 12:29, KJV)
5. **Strongman:** The Greek word *ischyros*. When referring to Satan it means “strong, mighty,” but can also mean “one who has strength of soul to sustain the attacks of Satan, strong, and therefore exhibiting many excellences.”

IV. The Finished Work of Christ: The Cross

- A. *“He heals the brokenhearted and binds up their wounds.”* (Psalm 147:3)
 1. The words “In heart” (Hebrew *leb*) mean the soul. (2 Corinthians 10:4–5, KJV)
 2. The word “mighty” is the Greek word *dynatos*, which means “strong in soul.”
- B. **The Cross.** (1 Peter 3:18, AMP; Galatians 3:10, AMPC; Galatians 3:1–2)
- C. **Soul-healing rest.** (Hebrews 4:3, AMP; Matthew 11:28–29).

“Rest” here is the Greek word *anapausis*, which literally means “blessed tranquility of soul.” (Isaiah 53:5; Romans 4:25; Romans 6:6; Romans 8:31–39; 2 Corinthians 1:20; 2 Corinthians 5:17; 2 Corinthians 5:18; 2 Corinthians 8:9; Galatians 3:13–14; 1 Peter 2:24; 1 Peter 2:24; 1 John 3:16)

- D. **Prayer activation.** (Matthew 11:29; Romans 5:8; John 19:30; 1 Peter 3:18; 2 Corinthians 5:21; Colossians 2:14; 1 Peter 2:24)

V. The Finished Work of Christ: The Blood of Jesus

- A. **Why Jesus died.** (Matthew 8:17, Leviticus 17:11, KJV; Hebrews 9:14)
- B. **The Blood cleanses your bloodline** (Romans 3:25, KJV)
- C. **The Blood and the Cross destroy condemnation.** (Revelation 12:10, Colossians 2:13–15)

- D. **Repentance.** (1 John 1:9, KJV; James 1:13–15)
- E. **Forgiveness heals the soul.** (Colossians 3:13, KJV) Use these decrees to begin your healing. Declare that the blood of Jesus Christ has already washed away your sin.
- F. **Prayer activation.** (Matthew 8:17, Leviticus 17:11; 1 John 1:9; Hebrews 9:14; Romans 3:25; Acts 3:19; Colossians 3:13; Hebrews 2:14; Colossians 2:13–15)

VI. *Dunamis* Power

- A. 1 Corinthians 15:17 says, “*And if Christ be not raised, your faith is in vain; ye are yet in your sins.*” (KJV)

Romans 6:3–4, “*Just as Christ was raised from the dead by the glory of the Father, **even so we also should walk in newness of life.***” (Philippians 3:10, AMP; Romans 1:16; Acts 10:38; 3 John 2; Ephesians 3:20, AMPC)

- B. **What *dunamis* does:**

1. **Dunamis heals you of trauma.** (Mark 5:25–28, AMPC; Mark 5:29–30)
2. **Dunamis** means “excellence of soul” as well as “power for performing miracles.”
3. **Dunamis ends demonic assaults.** (Acts 10:38, Matthew 12:29, John 14:30)
4. **Dunamis helps you stop sinning.** (Ephesians 3:16, AMPC)
5. **Dunamis heals your mind.** (2 Corinthians 10:4–5, KJV). The word “mighty” here is the Greek word *dynatos* (related to *dunamis*), and means “strong in soul.”
6. **Dunamis empowers you to prosper financially.**
7. **Dunamis heals generational wounds from the womb.**

- C. **Effect of a wounded soul.** (Job 14:5, AMPC; John 11:1–4, KJV)
- D. **Bitterness causes premature death.** (Job 21:23–24, KJV)
- E. **Bitterness affects the bones.** (Luke 13:11)
- F. **Prayer activation:** Repentance for bitterness in your soul.

VII. What Is Stopping the Flow?

- A. *“He who believes in Me ... as the Scripture has said, from his innermost being shall flow (continuously) springs and rivers of living water.”* (John 7:38, AMPC)
- B. **Ancient gates.** (Psalm 24:7–9, AMP; 1 Corinthians 6:19) The word “gates” (Hebrew *shaar*) and “doors” (Hebrew *pethach*) refer to the openings and entryways in a temple.
- C. **The gates in us.** (Eye gate, ear gate, etc.)
- D. **Opening the gates.** (Matthew 27:51; 2 Corinthians 3:16, AMPC; 2 Corinthians 3:18; Hebrews 6:19)
- E. **The enemy at the gate.** (Deuteronomy 28:52)
- F. **Your power over legion.** (Mark 5:2, KJV)

IX. Soul Remedy for Eating Disorders

- A. **Food addictions are meant to destroy us.** (Genesis 3:6, KJV; 1 Corinthians 10:20)
- B. **The cause of eating disorders.** The word “appetite” (*nephesh* in Hebrew) means “the soul, the inner being of man.”
- C. **Bitterness makes you fat.** The bitter water that brings a curse. (Numbers 5:24,27)
- D. **Generational food issues.** (Genesis 25:27, Genesis 25:29–34, AMPC; Genesis 25:28; Malachi 1:2–3; Romans 9:13; Genesis 25:23, AMPC; Genesis 27:3–4, KJV)
- E. **Prayer activation.** Pray and decree and take communion while doing it.

X. Character Bents

- A. **Character bents allow demonic spirits to attack us.** (Genesis 6:4–7)
- B. **A king with character bents:** King Saul. (1 Samuel 9:1; 1 Samuel 15:23)
- C. **The influence of giants in my life.** (Numbers 5:24,27; Genesis 6:4)
- D. **Dunamis heals you of your bents.** (Ephesians 3:16, AMPC)
- E. **A woman who became excellent of soul.** (Luke 1:30–34; Luke 1:35) (The word “power” here is the word “dunamis.” (Luke 1:46–48)
- F. **Prayer activation.**

XI. Staying Free

- A. **Worship is warfare.** “Wrestle”: Greek word *pale*, meaning “to vibrate.”
- B. **My secret weapon for healing and deliverance.** (John 16:12–13, AMPC; John 21:25, AMPC)
- C. **Snow and hail.** (Joshua 10:11; Job 38:22–23; Exodus 9:18–25).

Psalm 18:13–14 says ***when God speaks, He releases hail to scatter His enemies.***

- D. **Legion is a water animal.** (Mark 5:12–13; Matthew 12:43–44, AMP)
- E. **Prayer activation:**

Father, the Bible says that You have treasuries of snow and hail stored up for me to use in times of war and battle. Please open Your storehouse now! Go into the treasury and release those heavenly weapons against all my enemies.

I decree that huge hailstones and freezing snow are being dispatched to do battle for me against the evil spirits that are attached to my body, my soul, and every part of my life. Beat down Legion with this powerful heavenly weapon. Throw down huge rocks of ice on the heads of the giants, and kill more of them with the hail than with the sword!

I release the plague of hail against every spirit that is in my bloodline all the way back to Adam and forward to my descendants as well. I decree this plague will wipe out every demon god and goddess in my life, including the gods that are assaulting my family and me.

I decree Psalm 18 over myself. The Lord Almighty comes thundering from heaven to battle against my enemies, and when He speaks, hailstones and coals of fire scatter them and cause them to be totally vanquished!

I also loose Psalm 148 over every part of my life. When the Lord makes a decree that my enemies are to be destroyed, snow, hail, and all the heavens fulfill His word. In Jesus’ name, amen.